

BREATHE, A Dialogue with Nature

Breathe is an audiovisual experience that touches upon the very origins of all that is essential: nature. It conveys the “Pulse of the Planet, an active, living symphony.”

Through audiovisuals from the Valdivian Coastal Reserve in southern Chile, travel from the stars to the depths of the ocean, dancing through forests, feeling the wind, the rain and the sounds and songs of birds and animals. It is nature, breathing into your soul. It is a myriad sensations bringing your senses to life.

This is an invitation to explore and observe the changing state of nature as your body becomes part of the intense beauty of the Valdivian rainforest. This sensorial experience is about the value of nature. By understanding nature’s power to mitigate the effects of climate change and its resilience as it adapts to the challenges we all face, we can begin to understand the need to conserve it.

Discover the importance of the Valdivian Coastal Reserve in the conservation of species and securing Earth’s diversity of life for future generations, as it harbors some of Chile’s highest concentrations of rare and unique species found nowhere else on our planet.

Stop and observe the world that is around us. Contemplate upon the union of the senses, upon the urgency to move and to take action in our society.

Breathe is a reminder that the world that surrounds us is a reflection of what is inside.

Denise Lira-Ratinoff